

How to Get Over Writers' Block Handy Cheat Sheet

We recommend keeping this near you wherever you do your writing!



5 Steps to get over writer's block

Using our patented (not really) 5-step process, Made for Success will help you get over your writer's "block" in no time at all!

1

CALL IT A BLIP



Small change with powerful results. When you call it "writer's block" your brain internalizes that language and actually "blocks" you. Words can affect your reality down to its core.

Instead, try calling it writer's "blip" instead of "block." Blips are short lived, and tell your brain that it's just a slight bump in the road versus a blocked off path.

2

WATCH YOUR FAVORITE MOVIE

Watch your favorite movie! Put on your directors hat and pay attention to the writing, plot, humor, character, emotions and try to pick up something new to apply to your writing.

(Can also be substituted for reading your favorite book, watching your favorite TV show, or listening to your favorite album.)



3

CHANGE UP HOW YOU WRITE



Knowing what type of writer you are means knowing how to negotiate with yourself. Changing up your writing regimen or process can help you unclog your writer's blip.

If you think about your mind like a house that you're trying to get into, and the front door is locked, consider how you might be able to slide a window open and enter in that manner, consider how you might enter your house through a window, or a back door, or down the chimney?

4

CHOOSE DISCIPLINE OVER MOTIVATION

Drive and motivation will come and go, but discipline prevails above all else.

Try the discipline of starting the day with a page or two of unconscious flow of thought writing. Some of it may be nonsense, and that's GOOD.

The nonsense that you write down may transform (with a few tweaks) into a brilliant idea you would have never considered before!



5

KISS IT

Keep. It. Simple. Silly.

Don't get too caught up in the eloquence and nuance of how to make a plot point more epic, or do everything perfectly. Instead, try to move the story forward in a very simple manner.



Carl went to the butcher



He purchased some beef



Had conversation that sparked a new idea



He went home



Told his wife



Wife didn't like it



They had a fight



He left for the evening



witnessed a murder



BONUS STEP

How to Overcome Writer's Block

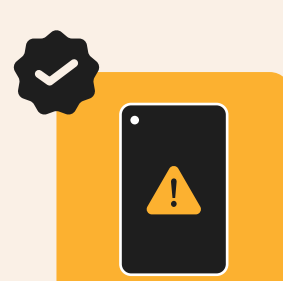
Consider using some of the resources at your fingertips.



Keyword research tools to spark new ideas



Blog articles to see organizational examples



Even a writer's block app that compels you to write

With these tips, you'll be through your BLIP and writing up a storm in no-time!